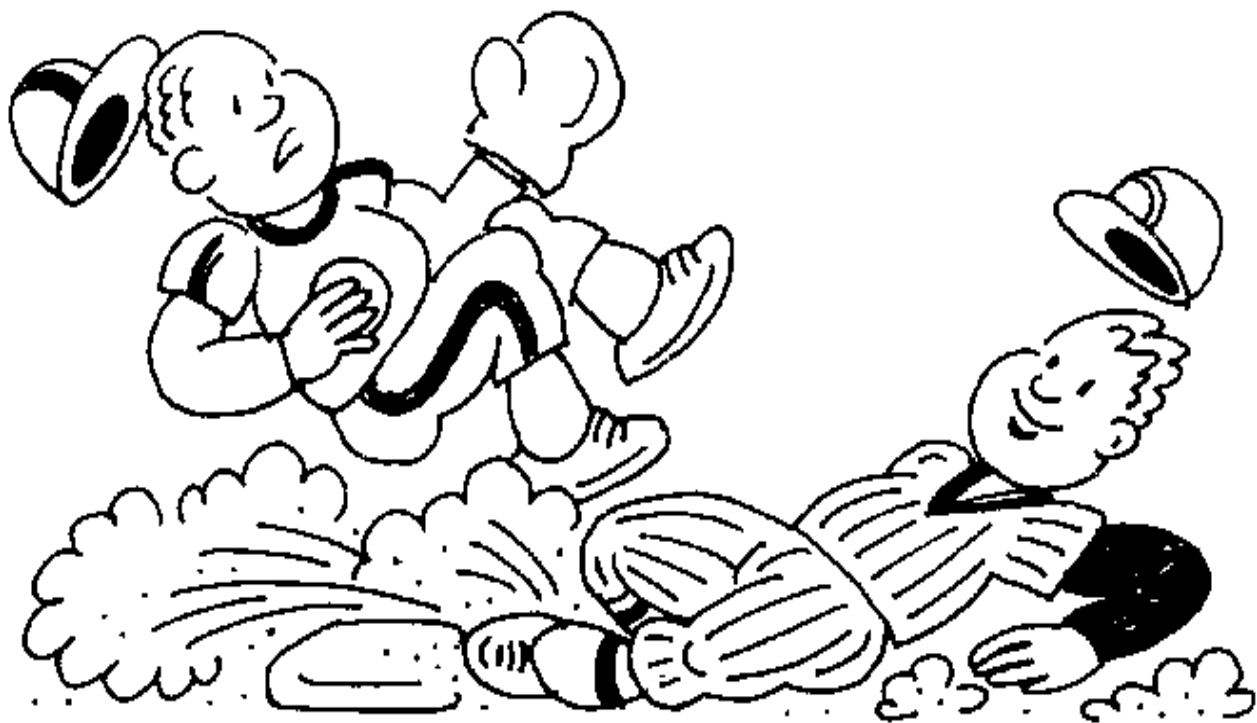


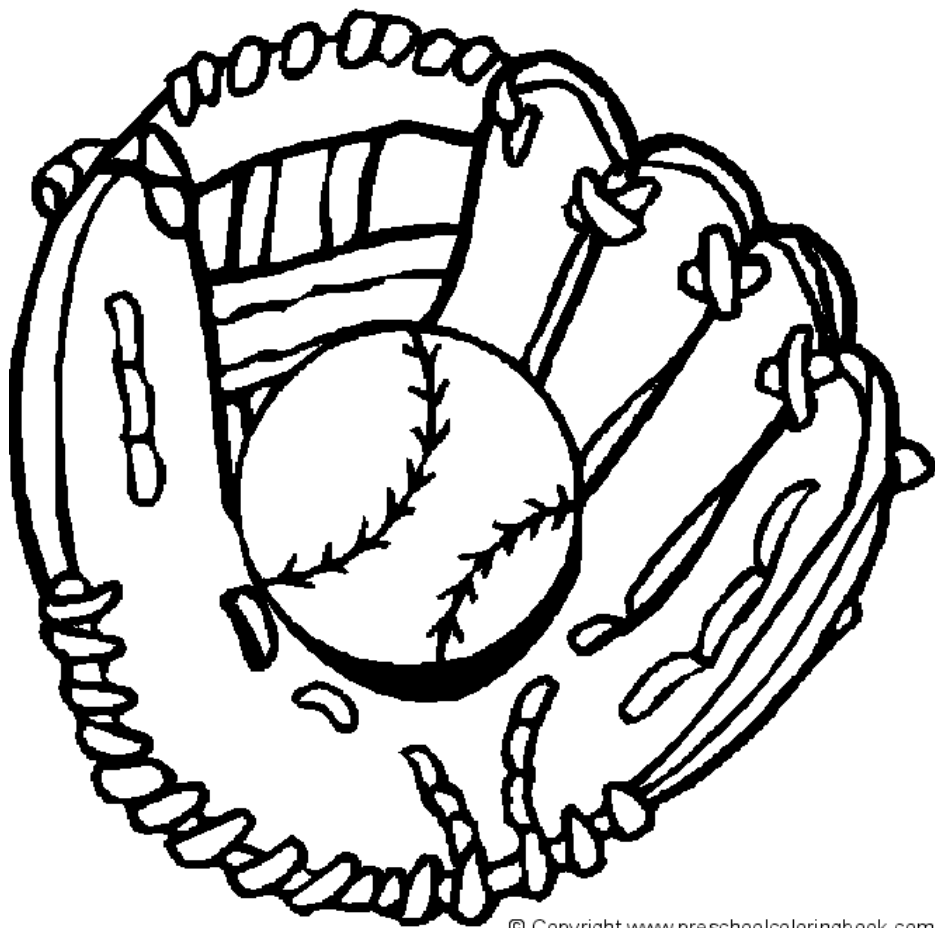
Preschool Programs

Take Me Out to the Ballgame! (*Baseball*)

Suggested Ages	Preschool
Books	<u>Jungle Baseball Game</u> by Tom Paxton <u>Mouse Practice</u> by Emily Arnold McCully <u>Albert's Ballgame</u> by Leslie Tryon <u>Hooray for Snail!</u> by John Stadler
Websites	"Baseball Dreams" poem and "I Love Playing Baseball" song, available at: http://www.songs4teachers.com/baseball.pdf For a definitions of terms and how to play a game of baseball, go to: http://eteamz.active.com/baseball/rules/basic/index.cfm?m=1,2,3,4,5
Materials	Baseball Baseball bat Baseball cap Glove
Warm-up	Talk about the props you've brought in. Can anyone identify them? Does anyone know what you do with them? Warm-up with exercises like baseball players do: lunges, arm stretches, back stretches (with your pretend bat). Pipe organ music, like played at the games, might make a fun addition to the warm-up!
Fight Songs	"Take Me Out to the Ballgame" – available on Walt Disney records, <u>Children's Favorite Songs, Vol. I</u> "Right Field" as made popular by Peter, Paul and Mary.
Main Event	Read one of the baseball books above. You could even dress up and act out the song "Right Field," being the child in right field. Or play it as you show the illustrated poem by Willy Welch, "Playing Right Field," illustrated by Marc Simont.
Post Game Wrap-up	Hand out baseball coloring sheets (See next page); serve popcorn and Cracker-Jack, or have a local baseball team's mascot come and visit!



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Silly Soccer

Suggested Ages	Preschool
Books	<u>My Soccer Book</u> by Gail Gibbons <u>Froggy Plays Soccer</u> by Jonathan London <u>Soccer Counts</u> by Barbara Barbieri <u>Princess Fidgety Feet</u> by Pat Posher <u>Little Goal!</u> by Colin McNaughton <u>K is for Kick! A Soccer Alphabet</u> by Brad Herzog <u>Winners Never Quit</u> by Mia Hamm <u>Franklin Plays the Game</u> by Paul Bourgeois
Websites	http://www.dltk-kids.com/sports/crafts.htm
Materials	Make a soccer buddy! Find instructions and a materials list at DLTK-Kids Printable Crafts website: http://www.dltk-kids.com/sports/msoccerbuddy.htm Make a pennant! Make a library soccer pennant just by cutting paper or felt in a slender triangle. Be as creative as you want with decorating it.
Warm-up	Storytime (from Hummingbirded.com) (Tune: Sing a Song of Sixpence) It's time to watch and listen; We're going to read a book. We'll sit down on the rug, And use our eyes to look. We'll look at pictures, And hear the story, too. Oh, what fun it is to share This storytime with you!
Main Event	Girls can play soccer, too! Read <u>Princess Fidgety Feet</u> by Pat Posher, and invite a woman soccer coach to storytime. Do some silly soccer drills with the kids, i.e. get the soccer ball from one end of the room to the other using your head while scooting on your tummy! Read <u>Froggy Plays Soccer</u> by Jonathan London. Encourage the kids to learn the phrase in the story: "Head it! Boot it! Knee it! Shoot it! But don't use your HANDS!"
Post Game Wrap-up	Wrap it up by playing some funky music and forming a can-can "circle" with everyone's arms interlocking (after all, it's no hands in soccer). In the center of the circle, put several soccer balls or beach balls, and let the kids kick the balls back and forth (emphasize gently) without letting them go outside the circle.

Hide-and-Seek

Suggested Ages	Preschool
Books	<u>Hide-and-Seek All Week</u> by Tomie DePaola <u>Where's Brooke?</u> by Ellen Javernick
Websites	<u>www.familyfun.go.com/parties/birthday/game/famf_gamsardine/</u> <u>www.niehs.nih.gov/kids/lyrics/doggone.htm</u> <u>www.perpetualpreschool.com</u> <u>www.dlkt-kids.com/animals/doggy_doggy_song.htm</u>
Materials	Depending on which version you play, you may need a can, or a "dog bone" or biscuit, or no items at all!
Warm-up	Read <u>Where's Brooke?</u> by Ellen Javernick. Ask the preschoolers if they have ever played Peek-a-boo? Hide-and-Seek? Which is more fun? To hide, or seek?
	<p style="text-align: center;">Fingerplay</p> <p>"Here is the beehive; where are all the bees? (clench fist) Hidden away where nobody sees, Watch and you will see them come out of their hives. One, two, three, four, five, Buzz!, buzz!, buzz!"(wriggling all five fingers)</p>
Fight Song	"Oh Where, Oh Where, Has My Little Dog Gone?"
Main Event	<p>The classic game of hide-and seek reversed is called "Sardines". This is great because only one person "hides" and everyone seeks! All the players hide their eyes and count, sing, or say a rhyme, to allow the one player time to hide. As each player finds the "hidden" player, they each cram into their hiding spot, hence the name, "Sardines". The last player to find the "Sardines" hides next!</p> <p>There is a great circle time game with a hiding element in it called, "Doggy, doggy, where's your bone?"; the instructions are online at <u>www.dlkt-kids.com</u>.</p>
Post Game Wrap-up	Whip up some "Scooby-snacks". (There are now graham crackers in the shape of doggie biscuits.)

Dance

Suggested Ages	Preschool
Books	<u>I Am: I Am a Dancer</u> by Eleanor Schick <u>Eyewitness Books: Dance</u> by Andree' Grau
Websites	http://www.coreknowledge.org http://www.autism.com/movement
Materials	Your imagination, music
Warm-up	Read <u>I Am: I Am a Dancer</u> . As the main character in the book moves and dances, have the children mimic those movements and dance through the book.
Fight Song	"Chicken Dance." Kid's Dance party. BMG Special Products, 1997. B000001U4K (Also on this CD, "Y. M. C. A"., "Loco-Motion", and "Hokey Pokey") Get them moving!
Main Event	<p>Using a movement story from www.autism.com or from www.coreknowledge.org, give students an introduction to the story. "Today we are going on an undersea adventure. Some of our story takes place in Self Space- that's when we stay in one place. But we will also be moving around the room, which is called General Space." Next, use part of the website's story to get you started and add your own ending, or make up your own adventure. Better yet, have the kids add to the story by asking them questions about where they want to go, or ask them what they are seeing, or feeling, all the while acting these things out physically.</p> <p>I.e. "We sink in the water (slowly sink to the floor) Going down, down, down To the bottom of the ocean Where there's hardly a sound" (sit or lay down)</p> <p>End the underwater adventure by coming up to the surface, slowly rising, paying close attention and bidding farewell to all the beautiful creature's you've encountered.</p>
Post Game Wrap-up	Celebrate with more tunes (maybe Disney's "Under the Sea", from The Little Mermaid) and perhaps some blue Jell-O with gummy fish. Whipped cream makes great waves, and graham crackers make a great beach! Enjoy!

Bubbles

Suggested Ages	Preschool
Books	<u>Bubble Trouble</u> by Joy N. Hulme <u>Bubble, Bubble</u> by Mercer Mayer
Websites	http://www.childfun.com (bubble activities/recipes) http://www.pbskids.org/zoom
Materials	Liquid dish soap Glycerin or Karo syrup Water Bucket or other container Small items to blow bubbles through. (*optional: small wading pool, hula hoop)
Warm-up	Using a “bubble necklace” or any bubble blower, welcome the kids by blowing a small amount over the group. “How many of you like to blow bubbles? How many of you have ever blown really BIG ones? Or ones that float really far? What happens to them eventually? Today, we’re going to read about a little boy and his “Bubble Trouble.”
Fight Song	“Pop, Goes the Bubble” (sung to, “Pop, Goes the Weasel”) Soap and water can be mixed To make a bubble solution. Carefully blow; now watch it go! Pop, goes the bubble.
Main Event	If outdoors is an option, the “Jumbo Bubble” would be great. Fill a small wading pool with bubble solution, combining 1-part dish soap with 12 parts water and a few drops of glycerin or Karo. Use a variety of tools for blowing. Try a hula hoop with a person inside! FUN! (*Make sure you try this out in advance with an adult.) For indoor play, try “bubble pens”. Use empty glue bottles with a Tbsp. of dry tempera and 2 Tbsp. of dishwashing liquid. Shake well, and use to make beautiful designs.
Post Game Wrap-up	Pass out small bubble blowers/necklaces for the kids to take home. (A good resource for this would be Oriental Trading Catalog.)

Water Balloon Volleyball

Suggested Ages	Preschool
Books	<u>Curious George at the Beach</u> by Margaret Rey <u>Good Sports Vonda Volleyball</u> by Matt Jacobson <u>Garfield's Sumo Beach Bellyball</u> by Jim Davis
Websites	<u>www.first-school.ws/t/cpsports/s_volleyballb.htm</u> (Volleyball Coloring Sheet)
Materials	Blankets or Beach Towels Balloons or Reusable Baggies for those with latex allergies Volleyball Net (Optional)
Warm-up	Read <u>Curious George at the Beach</u>
Fight Song	(Sung to the tune of "A-Hunting-We-Will-Go") Let's go to the beach To swim and play and run. Playing volleyball in the sand Is ever so much fun.
Main Event	Put children in pairs. Give each pair a towel. Fill the balloons with water. Place a water balloon in the center of one towel. Each child holds onto the two end corners of the towel with both hands. The object is to toss the water balloon over the net with the opposing side catching the balloon in their towel. The game continues until one side misses and the balloon breaks. The winner is the first team to reach 10 points. If you do not own a net, put two sets of pairs a distance apart, and have them volley back and forth. You may also use a large blanket instead of towels, if you have a lot of children participating. If you do not want to go outside and use water balloons, you can fill the balloons with air, and have the children volley them back and forth without letting them touch the ground. Working in pairs with a large blanket may work better for children with certain special needs.
Post Game Wrap-up	Let the children take any unbroken balloons home. Make sure you have cleaned up all the pieces of balloon because they can be a choking hazard for smaller children.

Hot Potato

Suggested Ages	Preschool
Books	<u>Hopscotch, Hangman, Hot Potato, and Ha Ha Ha</u> by Jack Maguire <u>Hot Potato, Hot Potato</u> (a Wiggles Board Book) by Lauren Turnowski <u>Hot Potato: Mealtime Rhymes</u> by Neil Phillip
Websites	www.gameskidsplay.net/index.htm/
Materials	Plastic/Foam Trays (meat tray) Permanent markers Plastic bag Rulers Plenty of quarters
Warm-up	Everybody stands in a circle. Pass a beanbag around the circle to music. When the music stops, the person holding the beanbag is out. Pretend the beanbag is a very, very hot potato!
Fight Song	"Oh Playmate, Come Out and Play with Me" from 102 Camp Songs, Twin Sisters Productions, LLC
Main Event	Make a checkers game. To make the game board, cut the curved sides from a large plastic foam tray 12 inches by 10 ¼ inches. Draw black squares with markers, 1 ½ inch squares. To make twenty four circles, trace around a quarter on foam trays. Color twelve red and black circles. Store your pieces in a plastic bag.
Post Game Wrap-up	Bring Mr. Potato Head Game to play

Let's Have Fun Racing

Suggested Ages	Preschool
Books	<u>The Racecar Alphabet</u> by Brian Floca <u>One Checkered Flag</u> by Michael Dahl
Websites	<u>www.facthound.com</u> – Build your own racecar online!
Materials	Sponges Tempera paint White paper Sandpaper Crayons
Warm-up	<p>Find sponges at a craft store in the shape of cars. Have children draw a race track on white paper. Dip sponge race car in tempera paint, and paint cars on track.</p> <p>Cut sandpaper race cars at least 3" tall. Secure the cars to a table with tape. Have the children place white paper over the sandpaper car and rub with the side of a crayon on the paper. Have the children place a race car number on the side of the car.</p>
Fight Song	<p>"Driving in My Car" from <i>Good Kid</i> by Peter and Ellen Allard</p> <p>Give each child a white paper plate with a steering wheel drawn in the middle of the plate. Have them "drive" their car as they sing "Driving in My Car".</p>
Main Event	Contact a local race track and have a driver bring over their race car to the library for show and tell. Have the driver demonstrate the importance of wearing seat belts when riding in a car.
Post Game Wrap-up	Let the children sit in the race car and have their picture made with the driver.

Everybody Loves Recess

Suggested Ages	Preschool
Books	<u>Recess</u> by Bob Reese <u>The Recess Queen</u> by Alexis O'Neill <u>What Teachers Can't Do</u> by Douglas Wood <u>Mouse Was Out at Recess</u> by David L. Harrison <u>Recess Riddles</u> by Marilyn Helmer
Warm-up	<p>Here's a welcome song to do: Hi There! (From Hummingbirded.com) (Tune: Shoo Fly) Hi there, so glad you came (repeat 2x) 1-2-3 let's shout "hurray!" Hurray (spoken)</p> <p>Hi there, so glad you're here (repeat 2x) 1-2-3 let's give a cheer! Yea! (spoken)</p> <p>Shake hands with the children while you sing</p>
Fight Song	"Physical Ed" from The Learning Station CD
Main Event	<p>Use the book <u>The Recess Queen</u> as a skit to do with two other volunteers. Have one person be the narrator, one person be Mean Jean, and one person be Katie Sue. The only props needed would be suitable attire for "little girls" and a jump rope. Act out the parts of each girl in the story, including the cute jump rope rhymes.</p> <p>Read <u>Recess</u> by Bob Reese. Talk about how playing is possible for everyone.</p> <p>Have "Storytime at the Park". Organize a storytime at your local park and allow the children (with their parents) some "recess" time after.</p>
Post Game Wrap-up	Do the "Stretch" song, also on "Physical Ed" by The Learning Station

Zoom and Grind

Suggested Ages	Preschool
Books	<u>Cosmo Zooms</u> by Arthur Howard <u>To Find a Friend</u> by Brian Jones <u>Go, Spud, Go</u> by Linda Estrella <u>Harry the Incredible Skateboarding Bear</u> by David Giddings <u>Rhinos Who Skateboard</u> by Julie Mammano <u>Be Careful, Oswald</u> by Rodney Peppe <u>I Can Skateboard</u> by Edana Eckart
Warm-up	Using poster board, cut out the shape of a regular-sized skateboard. Use stickers to decorate, and then laminate it. (This could be a fun craft for the kids.) Use your “skateboard” to do this song: Wheels on the ‘Board (Tune: Wheels on the Bus) The wheels on the ‘board go round and round, etc. All around the town.... My feet on the board they slide and push, etc. <i>(move your foot like you’re pushing a skateboard)</i> The ‘board on the street it weaves and jumps, etc. <i>(make a weaving motion with arms out, then jump)</i> The wheels on the board go round and round, etc. All around the town.
Fight Song	Visit http://www.agt.net/public/tvmusic/movement.htm and sing the “Skateboard Rider” song. Check the price list to find the <i>Movement Songs Children Love</i> CD.
Main Event	Read <u>Rhinos Who Skateboard</u> , and talk about different types of skateboard lingo and their meanings. Play a guessing game. Have the children guess what other toys have little wheels on them. Make flannel board figures of roller skates, toy cars, wagons, bicycles etc. and display them on your flannel board as the children say them. Make a display in your library of these toys.
Post Game Wrap-up	Sing a goodbye song to the tune of: “Na Na Hey Hey Kiss Him Goodbye” by Steam Na na na na, (Twist.) Na na na na, (Twist.) Hey hey-ey, (Wave arms overhead from side to side.) Good-bye! (clap) GOOD BYE!

Tumble Bumble (Gymnastics)

Suggested Ages	Preschool
Books	<u>D.W. Flips</u> by Marc Brown <u>Cat on the Mat</u> by Susan Schade and Jon Buller <u>Little Miss Somersault</u> by Roger Hargreaves <u>Arthur's Birthday Party</u> by Lillian Hoban
Materials	Books, CD/Tape Player, Gymnastics Mat, Photographs of Gymnasts (both male and female)
Warm-up	Do some gentle stretching exercises to get everyone focused and ready for storytime. Introduce the long and strange word "GYMNASTICS". Ask the children if they have ever heard the word and know what it means. Show the children photos or a quick 2 minute video of actual gymnasts.
Fight Song	<p>"And This Is How I Move Them!" from hummingbirded.com (Sung to B-I-N-G-O) My arms have parts that bend and move Every time I use them. Shoulder, elbow, wrist and hand Shoulder, elbow, wrist and hand Shoulder, elbow, wrist and hand And this is how I move them!</p> <p>Line 2: Replace "arms" for legs; use knee, ankle, heel and foot Line 3: Replace "arms" with trunk; use neck, back, waist and hips</p> <p>I'm made of parts that bend and move Every time I use them. Shoulder, elbow, wrist and hand Knee, ankle, heel and foot Neck, back, waist and hips And this is how I move them!</p>
Main Event	Combine the activity songs and stories to talk about how our bodies move. Invite the children to act out portions of the books/songs with their bodies.
Post Game Wrap-up	With the aid of a good gymnastics mat, an extra adult helper, and lots of room, get the kids to show you any tumbling they know how to do. For children who need an idea, they can be instructed to lay on their side and sausage roll their bodies across the mat, or just jump down the mat.